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Soil-Plant Interactions and Nutrient Management in Banana Cultivation: A Chemical and Biological Perspective

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Abstract

Banana (*Musa spp.*) is among the world's top five fruit crops, with an annual production exceeding 120 million tons, cultivated in more than 135 countries. Its productivity is highly dependent on soil-plant nutrient interactions and sustainable fertility management. This paper integrates chemical and biological perspectives on soil-plant interactions in banana cultivation, examining nutrient dynamics, rhizosphere biology, and integrated nutrient management practices. Data-driven tables and schematic figures are included to illustrate nutrient requirements, soil constraints, and microbial associations that influence productivity.

Keywords: Soil-plant interactions, nutrient management, banana cultivation, chemical perspective

Introduction

Banana (*Musa spp.*) is one of the most important fruit crops globally, contributing significantly to food security, nutrition, and income generation across tropical and subtropical regions. According to the Food and Agriculture Organization (FAO), banana production exceeds 120 million metric tons annually, cultivated in over 135 countries, making it not only a staple fruit but also a critical economic commodity. India, Ecuador, the Philippines, and Uganda are the leading producers, with India alone accounting for more than 30% of global output. Beyond its role as a fruit crop, banana serves as a vital source of carbohydrates, minerals, and vitamins, thus contributing to dietary diversity and nutrition security in regions where it is consumed as both a staple and a cash crop. Its perishable nature, however, along with intensive cultivation practices, has heightened concerns regarding sustainability and soil health.

Banana is considered a heavy feeder, extracting high amounts of macro- and micronutrients from the soil due to its rapid vegetative growth and continuous fruiting cycle. Unlike seasonal crops, bananas require year-round nutrient availability, making soil-plant interactions and nutrient dynamics a central concern in sustaining productivity. The plant's shallow root system further complicates nutrient acquisition, as it depends on the immediate availability of nutrients within the rhizosphere. This unique nutrient demand profile makes banana cultivation highly dependent on external nutrient inputs, often in the form of chemical fertilizers. While such fertilizers can deliver quick results in terms of yield, their excessive and imbalanced use has led to a range of soil fertility problems including nutrient mining, reduced organic matter, and loss of microbial diversity. Over time, this has created a vicious cycle where soils become increasingly dependent on external inputs while their natural fertility declines.

From a chemical perspective, the availability of nutrients in banana-growing soils is influenced by soil pH, cation exchange capacity (CEC), and organic matter content. Nitrogen is prone to leaching, especially in sandy soils, resulting in poor use efficiency and environmental pollution. Phosphorus availability is often constrained by fixation processes in acidic and alkaline soils, while potassium, though abundant, is quickly depleted due to banana's high demand. Excessive potassium fertilization can also interfere with calcium and magnesium uptake, leading to imbalances that affect both fruit quality and plant resilience.

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Secondary and micronutrients such as calcium, magnesium, boron, and zinc, though required in smaller amounts, play critical roles in maintaining plant health, fruit quality, and stress tolerance. Their deficiencies manifest in disorders such as fruit malformation, reduced bunch size, and premature ripening, which significantly reduce market value.

Equally important is the biological dimension of soil-plant interactions. The rhizosphere of banana supports a diverse array of microorganisms, including nitrogen-fixing bacteria (*Azospirillum*, *Azotobacter*), phosphate-solubilizing bacteria (*Bacillus*, *Pseudomonas*), and arbuscular mycorrhizal fungi (AMF). These microbial communities mobilize nutrients locked in soil matrices, improve nutrient uptake efficiency, and contribute to plant defense mechanisms against soil-borne pathogens. Mycorrhizal fungi, for example, enhance phosphorus uptake and improve tolerance to drought and salinity, while phosphate-solubilizing bacteria increase the availability of phosphorus bound in insoluble forms. Organic amendments such as compost, farmyard manure, and vermicompost stimulate microbial activity and contribute to the cycling of carbon and nutrients, creating a positive feedback loop between plant health and soil fertility. Without these biological processes, the efficiency of chemical fertilizers alone would remain limited.

Despite the advances in fertilizer technologies, nutrient use efficiency in banana cultivation remains relatively low, with estimates suggesting that only 30-50% of applied nitrogen, 15-20% of phosphorus, and 40-60% of potassium are effectively absorbed by plants. The remainder is lost through leaching, volatilization, and fixation, leading not only to economic inefficiencies but also to environmental hazards such as groundwater contamination and greenhouse gas emissions. This underscores the urgent need for integrated nutrient management strategies that combine the precision of chemical fertilizers with the sustainability of biological inputs. Integrated Nutrient Management (INM) approaches that combine reduced levels of chemical fertilizers with biofertilizers, organic amendments, and soil conditioners have consistently demonstrated higher yields, improved soil quality, and better resilience under stress conditions compared to conventional fertilizer-only regimes. The problem is further compounded by climate change, which alters rainfall patterns, increases the frequency of droughts, and heightens salinity stress in many banana-growing regions. These changes directly affect soil chemistry, nutrient availability, and microbial activity, thereby reducing crop productivity. Unless adaptive nutrient management strategies are adopted, banana cultivation may face significant challenges in meeting the rising demand for food and nutritional security.

Main Objective

The main objective of this paper is to analyze soil-plant interactions and develop integrated chemical-biological nutrient management strategies for sustainable banana cultivation, ensuring higher productivity, improved fruit quality, and long-term soil fertility.

Soil-Plant Interactions in Banana Cultivation

Banana cultivation thrives on a delicate balance of soil-plant interactions that regulate nutrient dynamics, uptake efficiency, and crop performance. The plant's shallow yet widely spreading root system makes it particularly sensitive to soil physical, chemical, and biological characteristics. Soils with adequate organic matter, favorable texture, and near-neutral pH (5.5-7.0) facilitate nutrient solubility and root penetration, whereas highly acidic or alkaline soils often restrict the availability of phosphorus, zinc, and boron. Cation exchange capacity (CEC) determines the retention and release of potassium, calcium, and magnesium, which are crucial for fruit development and pseudostem stability.

From a chemical perspective, nutrient transformations in soil govern the timing and extent of plant uptake. Nitrogen, though vital for vegetative growth, is prone to leaching in sandy soils, necessitating split applications through fertigation. Phosphorus availability is frequently limited due to fixation in both acidic and calcareous soils, while potassium—the most critical element for banana—directly influences sugar accumulation, fruit filling, and stress resilience. However, excessive potassium can interfere with calcium and magnesium uptake, causing nutrient imbalances and postharvest disorders.

Biological interactions in the rhizosphere further shape these dynamics. The banana root zone supports diverse microbial consortia including nitrogen-fixing bacteria (*Azospirillum*, *Azotobacter*), phosphate-solubilizing bacteria (*Bacillus*, *Pseudomonas*), and arbuscular mycorrhizal fungi. These organisms enhance nutrient availability, improve root architecture, and contribute to plant defense against soil-borne pathogens. Organic inputs such as compost, vermicompost, and biochar further stimulate microbial activity, thus reinforcing the soil-plant feedback loop.

The quantitative significance of these interactions is illustrated in Table 1, which shows the average nutrient uptake by banana per hectare per year. The data highlight that banana requires exceptionally high amounts of nitrogen and potassium, moderate phosphorus, and essential secondary nutrients like calcium and magnesium, along with trace amounts of micronutrients such as boron. This reinforces the need for a holistic nutrient management approach that integrates both chemical and biological pathways to sustain productivity and soil fertility.

Table 1: Average Nutrient Uptake by Banana (per hectare, per year)

Nutrient	Uptake (kg/ha/year)	Key Role in Banana Physiology	Deficiency Symptoms
Nitrogen (N)	280-300	Leaf development, chlorophyll synthesis	Reduced leaf size, chlorosis
Phosphorus (P)	40-60	Root growth, energy transfer (ATP)	Poor root growth, delayed flowering
Potassium (K)	350-400	Sugar transport, fruit filling, water balance	Small fruits, weak pseudostem
Calcium (Ca)	40-50	Cell wall stability, fruit firmness	Premature fruit ripening, tip rot
Magnesium (Mg)	30-40	Chlorophyll synthesis, enzyme activation	Interveinal chlorosis
Boron (B)	0.5-1.0	Pollen viability, fruit setting	Fruit deformation, bunch malformation

Nutrient Management Strategies

Banana is considered one of the most nutrient-demanding fruit crops, with continuous nutrient extraction from the soil due to its rapid growth rate and year-round fruiting cycle. Effective nutrient management strategies must therefore balance immediate crop requirements with long-term soil fertility conservation. These strategies combine chemical fertilizer application, organic supplementation, and biological inputs, ensuring that both productivity and sustainability goals are achieved.

From a chemical perspective, nitrogen, phosphorus, and potassium (NPK) remain the pillars of banana nutrition. Nitrogen drives vegetative growth, phosphorus supports root development and early establishment, while potassium is crucial for fruit size, sugar accumulation, and postharvest quality. However, nutrient application must be carefully timed to coincide with crop growth stages to maximize efficiency. For instance, nitrogen is best supplied in split doses to minimize leaching, while potassium requires consistent application to match its high demand during the fruiting stage.

This staged requirement is summarized in Table 2, which presents fertilizer recommendations per hectare at different growth phases of the banana crop. At planting, balanced doses of N, P, and K provide a foundation for root establishment. During the vegetative stage, nutrient demand peaks, particularly for nitrogen and potassium, to support

rapid biomass accumulation. As the crop transitions into flowering and fruiting, phosphorus requirements diminish, while potassium demand intensifies, ensuring proper bunch formation and sugar transport. The table highlights that fertilizer application must be dynamic and growth-stage specific rather than uniform across the crop cycle.

Equally important are biological and organic approaches that enhance nutrient-use efficiency and reduce dependence on chemical fertilizers. Biofertilizers such as *Azospirillum* and phosphate-solubilizing bacteria improve nitrogen and phosphorus availability, while mycorrhizal fungi enhance phosphorus and water uptake. Organic amendments like farmyard manure, vermicompost, and poultry manure not only supplement nutrients but also improve soil structure and microbial activity. Integrated Nutrient Management (INM), which combines 75-80% recommended chemical fertilizers with biofertilizers and organic matter, has consistently shown yield improvements of 15-25% over sole chemical fertilization.

Therefore, nutrient management in banana cannot be viewed as a one-time input decision but rather as a stage-wise, integrated approach. Table 2 underscores that adopting a growth-phase based nutrient schedule, reinforced by organic and biological inputs, is essential for sustaining high yields, improving fruit quality, and maintaining soil fertility over the long term.

Table 2: Fertilizer Recommendations for Banana (per hectare)

Growth Stage	N (kg)	P ₂ O ₅ (kg)	K ₂ O (kg)	Mode of Application
Planting	60	40	80	Basal, incorporated in soil
Vegetative	120	20	150	Split doses via fertigation
Flowering	80	—	120	Foliar + soil application
Fruiting	40	—	100	Foliar + fertigation

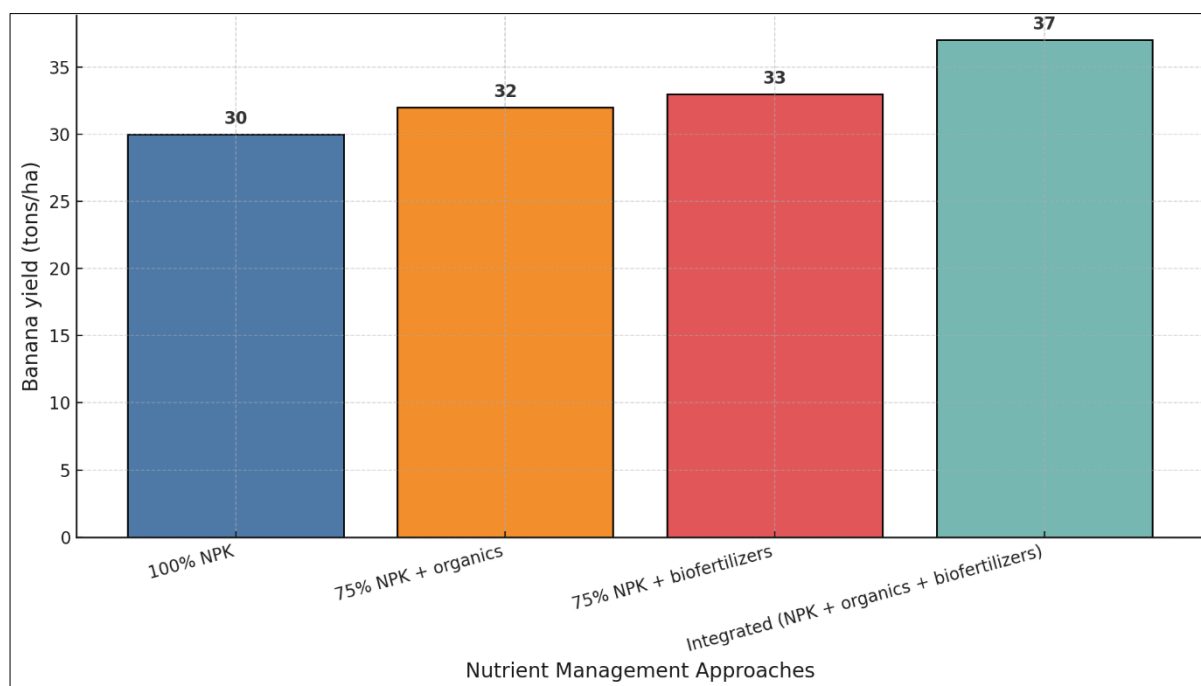


Fig 1: Comparative Effects of Nutrient Management Approaches on Banana Yield

Soil Health and Biological Inputs

Sustaining banana productivity depends not only on the supply of chemical fertilizers but also on maintaining soil health through the integration of biological inputs. Soil

health encompasses physical, chemical, and biological dimensions, including organic matter content, nutrient cycling efficiency, microbial diversity, and enzymatic activity. Over-reliance on chemical fertilizers often depletes

organic matter and reduces microbial populations, ultimately lowering soil resilience. Thus, incorporating biofertilizers and organic amendments is vital for restoring biological equilibrium and ensuring long-term sustainability. Biological inputs enhance nutrient cycling by mobilizing otherwise inaccessible nutrient pools. Nitrogen-fixing bacteria such as *Azospirillum* and *Azotobacter* contribute atmospheric nitrogen to the soil, reducing the need for synthetic nitrogen fertilizers. Phosphate-solubilizing bacteria (*Bacillus*, *Pseudomonas*) convert insoluble phosphorus into plant-available forms, while arbuscular mycorrhizal fungi improve phosphorus uptake and enhance plant tolerance to drought and salinity. These microbial interactions also provide indirect benefits such as suppressing soil-borne pathogens and stimulating root growth.

Organic amendments, including compost, vermicompost, green manure, and poultry manure, play a complementary role. They not only supply macro- and micronutrients but also improve soil structure, water-holding capacity, and cation exchange capacity. Biochar, a carbon-rich amendment, further stabilizes nutrients in soil, reduces leaching, and provides microhabitats for beneficial

microbes. Together, these biological and organic inputs improve soil enzymatic activities like dehydrogenase and phosphatase, which are critical indicators of nutrient mineralization processes.

The quantitative effects of these inputs are demonstrated in Table 3, which summarizes the impact of biofertilizers and organics on soil health and crop yield. For instance, inoculation with phosphate-solubilizing bacteria can enhance root uptake and improve yields by 12-18%, while mycorrhizal fungi increase phosphorus absorption and drought tolerance, resulting in yield improvements of 15-20%. Vermicompost application boosts soil organic matter and microbial activity, leading to yield gains of up to 22%. Biochar, though less nutrient-dense, contributes by reducing nutrient losses and enhancing retention, with yield improvements ranging from 10-15%. Thus, the integration of biofertilizers and organic amendments into banana cultivation creates a synergistic system that improves soil health while reducing dependence on external chemical inputs. Linking these biological strategies with conventional fertilization practices ensures not only higher yields but also resilience against climate stressors and long-term ecological sustainability.

Table 3: Effect of Biofertilizers and Organic Inputs in Banana

Input Type	Biological Mechanism	Impact on Soil	Yield Improvement (%)
<i>Azospirillum</i>	Nitrogen fixation	Increases N availability	10-15
Phosphate-solubilizing bacteria	Solubilizes bound P	Enhances root uptake	12-18
Mycorrhizal fungi	Enhances P & water uptake	Improves drought tolerance	15-20
Vermicompost	Stimulates microbial activity	Boosts soil organic matter	18-22
Biochar	Improves cation exchange & water retention	Reduces nutrient leaching	10-15

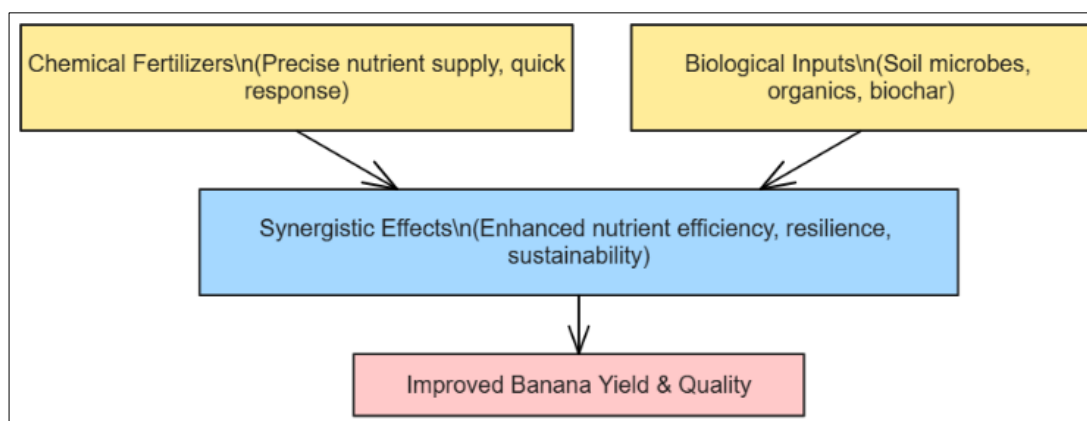


Fig 2: Conceptual Model of Chemical-Biological Synergy in Banana Nutrient Management

Chemical-Biological Synergy

Banana cultivation demands a holistic framework that goes beyond isolated nutrient interventions and instead integrates chemical and biological dimensions of soil-plant interactions. While chemical fertilizers ensure a rapid and reliable nutrient supply, they often lack the capacity to sustain soil fertility and microbial diversity in the long term. Conversely, biological inputs enhance nutrient cycling, soil structure, and ecological stability but may not always provide sufficient nutrients to meet the crop's heavy demands. A synergistic approach, therefore, becomes essential to achieve both productivity and sustainability in banana systems.

In practice, synergy is achieved by combining judicious doses of chemical fertilizers with biofertilizers, organic

amendments, and soil conditioners. For example, applying 75% of the recommended NPK along with mycorrhizal fungi and organic manures has consistently demonstrated higher yields compared to 100% chemical fertilization alone. This is because fertilizers provide immediate nutrient availability, while biological inputs extend nutrient release, mobilize insoluble nutrient fractions, and improve soil physical properties. The integration also minimizes nutrient losses through leaching and volatilization, thereby enhancing nutrient-use efficiency.

The role of synergy is particularly evident in potassium management, where chemical K fertilizers ensure adequate supply for fruit development, while organic amendments and biochar reduce leaching losses and improve cation retention. Similarly, phosphorus applied through

superphosphate becomes more effective when complemented with phosphate-solubilizing bacteria, which release additional phosphorus bound in soil complexes. Biological agents also enhance root system development, increasing the plant's capacity to capture nutrients applied in chemical form.

This complementary relationship is illustrated in Figure 2, which presents a conceptual model of chemical-biological synergy in banana nutrient management. The diagram highlights how chemical inputs deliver precision and speed in nutrient supply, while biological agents contribute resilience, nutrient mobilization, and soil health improvement. The merging of these two streams leads to enhanced yield, improved fruit quality, and greater sustainability. The figure also demonstrates that synergy reduces dependency on external inputs, promoting a more balanced and ecologically sound system.

Thus, the future of banana nutrient management lies in designing integrated packages that combine the strengths of both chemical and biological approaches. Such synergy ensures not only immediate productivity but also the preservation of soil resources for subsequent generations, aligning with the broader goals of sustainable agriculture.

Conclusion

Banana cultivation exemplifies the complex relationship between soil chemistry, biological processes, and nutrient dynamics that determine both crop productivity and sustainability. As one of the world's most nutrient-demanding fruit crops, banana depends heavily on external nutrient supplementation to maintain high yields. However, indiscriminate reliance on chemical fertilizers has often resulted in nutrient imbalances, soil degradation, and reduced microbial diversity. This paper has highlighted that sustainable banana production requires an integrative approach that harmonizes chemical and biological perspectives, acknowledging that neither discipline alone can adequately sustain the crop's intensive nutrient demands.

From a chemical standpoint, banana soils must be carefully managed for pH balance, cation exchange capacity, and nutrient retention. Nitrogen, phosphorus, and potassium emerge as the primary drivers of growth and yield, with potassium being particularly critical for fruit filling, sugar transport, and water regulation. Secondary and micronutrients, though required in smaller quantities, play equally vital roles in physiological processes and fruit quality. Their deficiencies—such as boron-induced bunch deformation or calcium-related fruit softening—demonstrate that comprehensive nutrient management cannot neglect minor elements. Furthermore, soil amendments such as lime, gypsum, and silicon supplementation address chemical constraints like acidity, sodicity, and structural weaknesses, directly influencing nutrient availability and plant resilience. Biological interactions complement these chemical processes by creating a dynamic rhizosphere capable of nutrient mobilization and disease suppression. The banana root zone, enriched by microbial associations, serves as a living interface where nutrients are mineralized, solubilized, and transferred to plants in more accessible forms. Arbuscular mycorrhizal fungi improve phosphorus uptake and drought tolerance, while nitrogen-fixing and phosphate-solubilizing bacteria reduce dependence on synthetic

fertilizers. Organic inputs such as compost, vermicompost, and biochar further enhance microbial activity, stabilize soil aggregates, and improve nutrient-use efficiency. These biological pathways provide ecological services that chemical fertilizers alone cannot replicate, underscoring their essential role in nutrient cycling and long-term soil fertility.

The integration of chemical and biological approaches, often referred to as Integrated Nutrient Management (INM), represents the most viable path forward. Empirical evidence shows that partial substitution of chemical fertilizers with biofertilizers and organic matter can maintain or even increase yields while improving soil health indicators such as microbial biomass, organic carbon content, and enzymatic activity. Fertigation and precision nutrient delivery methods further optimize chemical input efficiency, ensuring synchronization of nutrient supply with crop demand. Meanwhile, bioinoculants and organic amendments enhance resilience against abiotic stress and biotic challenges, thereby stabilizing yields under changing climatic conditions.

Looking ahead, banana cultivation must increasingly adapt to global sustainability imperatives, climate variability, and soil resource constraints. Research into nanofertilizers, microbial consortia, and precision soil monitoring technologies offers promising directions for enhancing nutrient use efficiency while minimizing environmental impacts. Equally important is the promotion of farmer awareness and training programs that encourage adoption of balanced fertilization practices, the recycling of organic residues, and site-specific nutrient management strategies.

In conclusion, the future of banana cultivation lies not in choosing between chemical and biological perspectives, but in weaving them into a complementary framework that ensures productivity, profitability, and ecological balance. By recognizing soil-plant interactions as both chemical and biological in nature, stakeholders can design nutrient management systems that address immediate crop needs while preserving the long-term vitality of soils. Such an integrated paradigm is essential for sustaining banana as a cornerstone of food security, income generation, and rural livelihoods in tropical and subtropical regions worldwide.

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